

Helicobacter Pylori (H. Pylori) Breath Test Patient Instructions

Division of Gastroenterology

Two weeks before the test do not take any antibiotics, antimicrobials, proton pump inhibitors or bismuth preparations (Prilosec, Aciphex, Prevacid, Protonix, Nexium, Zantac, Pepcid, Pepto Bismol).

Three hours before the test do not eat or drink anything (including water). NO COFFEE on the day of the test.

Your doctor will notify you of your test results.

Please contact the doctor ordering the test if you have any questions.