

Semen Sample Collection Instructions

All semen specimens MUST be collected at home, not on Crystal Run Healthcare premises.

Post Vasectomy/Semen Culture:

1. Wash your hands thoroughly prior to collection.
2. Specimens should be obtained by masturbation without lubricants, condoms or withdrawal during intercourse.
3. Collect the entire ejaculate via masturbation into a sterile container obtained from Crystal Run Healthcare.
4. Label the sterile specimen container with full legal name, date of birth, collection date and TIME.
5. The specimen should be kept near body temperature and delivered to the laboratory within 30 minutes of collection.
6. Notify the laboratory of any specimen collection or transport problems.

Testing Schedule and Drop-off instructions for Post Vasectomy or Culture Semen Analysis:

Bring specimen to the registration desk listed below and the Laboratory will be called to take the specimen from you.

Crystal Run Drop off Hours and Locations:

West Nyack

Monday-Friday, 8am-5pm

1st Floor registration

Rock Hill

Monday-Friday, 8am-5pm

1st Floor registration

Newburgh

Monday-Friday, 8am-5pm

1st Floor registration

Middletown - 155 Crystal Run Road

Monday-Friday, 8am-5pm

1st Floor registration

IMPORTANT: Specimens cannot be accepted on any days other than those listed above.