### HEALTH MANAGEMENT AT HOME

# Why Choose Remote Patient Monitoring (RPM)

# WHAT IS RPM?

Remote Patient Monitoring (RPM) is a new Medicare benefit. Your provider will offer you a Blood Pressure Monitor, a Weight scale or Pulse Oximeter for free. You will take your vitals from the comfort of your home 5 days a week.

We will then be able to monitor your vitals from the office and contact you if your vital is ever outside of the normal range. This program will save you a trip to the doctor's office to take vitals.

#### HOW WILL THIS PROGRAM BENEFIT ME?

Participating in RPM helps provide your care team with a more complete picture of your health. This allows them the ability to provide you with more support, education, and feedback on your conditions and treatments. Patients who participate in RPM show continued improvement in the management of their chronic conditions.

### HOW MUCH DOES IT COST?

Medicare covers this program including the cost of the devices. You are responsible for your usual copay for outpatient medical services. Please refer to your health plan for detailed payment information.



# Healthy At Home

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I feel in control of my health. I can take my blood pressure and know that my family and doctor will know if anything changes. The devices are so easy to use and require no maintenance. I love my new remote monitoring program."

-Roger



Device Questions: 1-800-993-4233 Return Questions: 313-702-2935 Email: info@lucidact.com



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# WHAT TO EXPECT WITH RPM



# **HOW DOES IT WORK?**

Your provider will order the necessary devices for you, which will be shipped to your home directly. You will receive a welcome call from our trusted partner, LucidAct, and teach you how to use it. Enjoy your everyday readings!

### WHEN WILL I RECIEVE MY DEVICES?

Your devices will arrive by UPS within 5-7 business days of program enrollment. You will receive a confirmation text message when your device is shipped. If you need to return your devices, simply request a return shipping label from a LucidAct care team member within 30 days.

#### WHAT ARE MY NEXT STEPS?

Once your devices arrive you will need to schedule a welcome call. This is made easy using text messaging where you confirm that your devices have arrived. Once you are scheduled, a care team member will contact you to provide instructions on using your devices and create a care plan for you.

# HOW OFTEN WILL I BE CONTACTED?

Your care team monitors your vital measurements for any abnormalities and will contact you in response. Care team members will also conduct monthly wellness calls and send text messages for measurement reminders.

# Contact Us To Learn More



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