

Semen Sample Collection Instructions

All semen specimens MUST be collected at Home, not on Crystal Run Healthcare Premises

Post Vasectomy/Semen Culture:

1. Wash your hands thoroughly prior to collection.
2. Specimens should be obtained by masturbation without lubricants, condoms or withdrawal during intercourse.
3. Collect the entire ejaculate via masturbation into a sterile container obtained from CRHC.
4. Label the sterile specimen container with full legal name, date of birth, collection date and TIME.
5. The specimen should be kept near body temperature and delivered to the laboratory within 30 minutes of collection.
6. Notify the laboratory of any specimen collection or transport problems.

Testing Schedule and Drop-off instructions for Post Vasectomy or Culture Semen Analysis
Bring specimen to the registration desk listed below and the Laboratory will be called to take the specimen from you.

Crystal Run Location	Days	Time	Drop Off Location
West Nyack	Mon-Fri	8am-5pm	1 st Floor registration
Rock Hill	Mon-Fri	8am-5pm	1 st Floor registration
Newburgh	Mon-Fri	8am-5pm	1 st Floor registration
Middletown - 155 Crystal Run Road	Mon-Fri	8am-5pm	1 st Floor registration
Monroe	Mon-Fri	8am-5pm	1 st Floor Registration

Fertility Analysis:

1. Semen must be collected following at least a 48 hour abstinence period, but not more than 7 days.
2. Wash your hands thoroughly prior to collection.
3. Specimens should be obtained by masturbation without lubricants, condoms or withdrawal during intercourse.
4. Collect the entire ejaculate via masturbation into a sterile container obtained from CRHC.
5. If the complete ejaculate is not in the container, the specimen should not be analyzed, please collect another complete specimen on a different day.
6. The specimen should be kept near body temperature and delivered to the laboratory within 30 minutes of collection.
7. Notify the laboratory of any specimen collection or transport problems.

Testing Schedule and Drop-off instructions for Fertility Analysis
Bring specimen to the registration desk listed below and the Laboratory will be called to take the specimen from you.

Crystal Run Location	Day	Time	Drop Off Location
West Nyack	Tuesdays	7am-2pm	1 st Floor registration
Rock Hill	Wednesdays	7am-2pm	1 st Floor registration
Newburgh	Thursdays	7am-2pm	1 st Floor registration
Middletown - 155 Crystal Run Road	Fridays	7:30am-2pm	3 rd floor Pathology Lab

IMPORTANT: Specimens cannot be accepted on any days other than those listed above