

Sputum Sample Collection Instructions

1. Sample should be collected in a sterile container provided by your provider.
2. Please make sure to label the container with your full name, date of birth and time of collection.
3. The ideal sample should come from a productive cough, in which phlegm is produced.
4. If possible, collect specimen first thing in the morning after rinsing your mouth out with water.
5. Expectorate into the sterile container and keep specimen at room temperature.
6. Please drop off specimen to Crystal Run within 24 hours.