Stool Sample Collection Instructions

When collecting stool specimens, be careful not to splatter or ingest the liquids in the container (if any), and be sure to keep them out of reach of children. If you get the on your skin, wash off immediately with soap and water.

Collect the stool sample as instructed by your provider. Once you have the stool sample, follow the instructions below for the specific test you are having:

**Ova and Parasites/WBC - Para Pak Kit**
1. Read the package directions carefully
2. Use the spoon that is built into the lid of the container
3. Fill to line only. **Do not overfill.**
4. Important: Keep specimen at room temperature

**Stool Culture - Para Pak C&S**
1. Read the package directions carefully
2. Use the spoon that is built into the lid of the container
3. Fill to line only. **Do not overfill.**
4. Important: Keep specimen at room temperature

**C-Difficile Sterile Container**
1. Use disposable wooden sticks or plastic spoon
2. Place approx. one tbsp. of stool into container. **Do not overfill.**
3. Important: Keep specimen at room temperature. **DO NOT FREEZE**

After collection:
1. Wash hands thoroughly
2. Check lids to be sure they are tightly closed
3. Label all containers with your name, date of birth and date of collection
4. Return to any Crystal Run Healthcare location within 24 hours of collection.