

Practice limited to Gastroenterology
95 Crystal Run Road, Middletown, NY 10941
845-703-6999

Upper Endoscopy

Upper endoscopy, often called a gastroscopy, esophagoscopy, or esophagogastroduodenoscopy is a procedure which allows the doctor to actually look inside your esophagus, stomach and the duodenum (first portion of the small bowel). This test may be performed to establish the site of upper gastrointestinal bleeding; to visually define abnormalities seen on upper GI x-rays; to evaluate the healing process of treated ulcers, to obtain tissue specimens for analysis, and to evaluate the complaints of difficulty swallowing and abdominal pain. This test takes about 15 minutes, however please allow at least 2 hours time from registration to discharge time.

Preparation for test:

- **DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.**
- Take all blood pressure and cardiac medications with only a sip of water the morning of your procedure, unless instructed otherwise by M.D. Hold all other morning medications on the day of your procedure until after the test, unless otherwise instructed by your doctor.
- Hold aspirin/NSAIDS (ibuprofen, Celebrex, mobic) and vitamin E for 5-7 days prior to your procedure.
- Notify the nurse or doctor:
 - **you are diabetic**
 - **you have a seizure disorder (please take anti-seizure medications the day of your test)**
 - **you are taking blood thinners (Coumadin/Plavix)**
 - **you have a latex allergy**
 - **you have an allergy to Demerol, Versed, Valium, or Novacaine**
 - **you have a Pacemaker/Defibrillator**

Location for procedure:

- _____ Crystal Run Healthcare, LLP, 95 Crystal Run Rd, Middletown (Surgery Center in back)
- _____ Crystal Run Healthcare, 61 Emerald Place, Rock Hill, NY
- _____ Crystal Run Healthcare, LLP 1200 Route 300, Newburgh, ny (please check in at the front desk)
- _____ Catskill Regional Medical Center, 68 Harris Bushville Rd, Harris
- _____ Orange Regional Medical Center, 707 East Main Street, Middletown
- _____ St Anthony's Hospital, 15 Maple Avenue, Warwick
- _____ Nyack Hospital, 160 N Midland Ave, Nyack
- _____ Crystal Run Healthcare, 2 Centerock Rd, West Nyack, NY

DUE TO RECEIVING SEDATION FOR THE EXAM, YOU MUST ARRANGE TO HAVE A FRIEND OR RELATIVE DRIVE YOU HOME AFTER THE TEST THAT WILL NEED TO BE VERIFIED BEFORE THE PROCEDURE. YOUR RIDE MUST BE 18 YEARS OR OLDER AND HOLD A VALID DRIVER'S LICENSE. NO TAXI CABS OR PUBLIC TRANSPORTATION. THE NURSE WILL NEED TO VISUALIZE THE PERSON WHO WILL BE DRIVING. YOU SHOULD NOT DRIVE FOR 24 HOURS AFTER YOUR PROCEDURE.

Nothing to eat or drink after midnight _____

Date of procedure _____

Registration time** _____ **You will be contacted 48hrs prior to your test with your arrival time between 3-4:30pm (Crystal Run Healthcare's Ambulatory Surgery Center only)*** Newburgh location will be called 48hrs prior to your test with your arrival time**

Please check with the desk regarding documentation of your insurance carrier prior to the procedure. Please bring a picture ID and insurance information with you on the day of the procedure.

If you need to cancel or reschedule your procedure please notify our office at least 72 hours in advance between the hours of 8am and 6pm, call 703-3427. If you have an emergency and need to cancel the day of your procedure please call the office as soon as you can.

Crystal Run Healthcare LLP is not responsible for lost items. Please leave all jewelry and personal belongings at home. Any female under the age of 55 will be required to give a urine specimen prior to the procedure.