

Fertility Semen Analysis/Specimen Collection Patient Instructions

Specimens can be dropped off from 9am to 2pm at the following locations
(follow directions for lab screening prior to entering the building):

Tuesday in West Nyack - Go to the 1st floor reception, the lab will be called to take the specimen from you

Wednesday in Rock Hill – Go to the 1st floor reception, the lab will be called to take the specimen from you

Thursday in Newburgh - Go to the 1st floor reception, the lab will be called to take the specimen from you

Friday in Middletown at the 155 building – Bring the specimen to the 3rd floor Pathology lab in the 155 building

Specimen Collection & Storage:

Specimens must be collected at home, not on Crystal Run Healthcare premises. Please label with name, date of birth, collection date and TIME.

- Semen should be collected following at least a 48 hour abstinence period, but not more than 7 days
- Specimens should be obtained by masturbation without lubricants or condoms
- The total ejaculate may be collected into a clean, wide mouth plastic container
- If the complete ejaculate is not in the container, the specimen should not be analyzed, please collect another complete specimen on a different day
- The specimen must be labeled with patient's name, date of birth, date & time of collection
- The specimen should be kept near body temperature and delivered to the lab within 30 minutes of collection. Put the container in aluminum foil and keep close to your body
- There is a possibility that your insurance might not pay for this test. The cost for this test is \$40