

Instructions for Stool Specimen Collection:

When using any of the tests described below, it's important to remember that the liquids are **POISONOUS**. Do not ingest any of the liquids. Keep them out of the reach of children. Always collect the stool sample into a clean, dry container, such as a wide mouth jar or plastic storage container. Alternatively, you can place plastic wrap over the toilet.

Tests and Storage:Ova and Parasites - Total Fix (Black Top)

1. Use spoon built into the lid of the container
2. Fill to line only
3. **IMPORTANT:** Keep specimen at **room temperature**

Fecal Leukocytes - Total Fix (Black Top)

1. Use spoon built into the lid of the container
2. Fill to line only
3. **IMPORTANT:** Keep specimen at **room temperature**

Giardia - Total Fix (Black Top)

1. Use spoon built into the lid of the container
2. Fill to line only
3. **IMPORTANT:** Keep specimen at **room temperature**

Cryptosporidium - Total Fix (Black Top)

1. Use spoon built into the lid of the container
2. Fill to line only
3. **IMPORTANT:** Keep specimen at **room temperature**

Stool Culture - Para Pak (Orange Top)

1. Use spoon built into the lid of the container
2. Fill to line only
3. **IMPORTANT:** Keep specimen at **room temperature**

C. Difficile - Sterile Container

1. Use wooden sticks or plastic spoon
2. Place approximately one tbsp. of stool into container
3. **IMPORTANT:** **Refrigerate specimen**, should be a liquid stool specimen

Pancreatic Elastase - Sterile Container

1. Use wooden sticks or plastic spoon
2. Place approximately one tbsp. of stool into container
3. **IMPORTANT:** **Refrigerate specimen**

Calprotectin - Sterile Container

1. Use wooden sticks or plastic spoon
2. Place approximately one tbsp. of stool into container
3. **IMPORTANT:** **Freeze Specimen**

Fecal Fat - Sterile Container

1. Use wooden sticks or plastic spoon
2. Place approximately one tbsp. of stool into container
3. **IMPORTANT:** **Freeze Specimen**

H. Pylori - Sterile Container

1. Use wooden sticks or plastic spoon
2. Place approximately one tbsp. of stool into container
3. **IMPORTANT: Freeze Specimen**

After collection:

- Wash hands thoroughly
- Check lids to be certain that they are tightly closed
- Label all containers with your name, date of collection, and date of birth